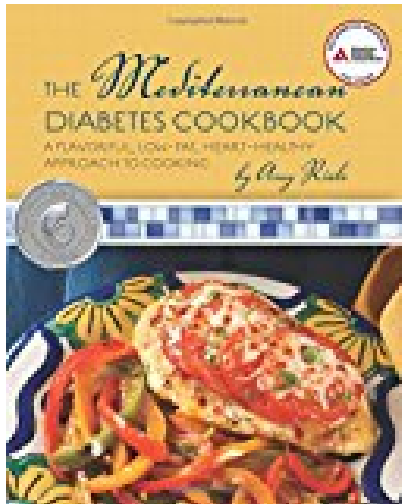


The Mediterranean Diabetes Cookbook



BOOK DETAILS

- Author : Amy Riolo
- Pages : 316 Pages
- Publisher : American Diabetes Association
- Language : English
- ISBN : 1580403123

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BOOK SYNOPSIS

2011 NAUTILUS SILVER AWARD WINNER! Diabetic Mediterranean recipes - fabulous for people with type 2 diabetes. Rich in lean meats, healthy fiber, omega-3 fatty acids and antioxidants!

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