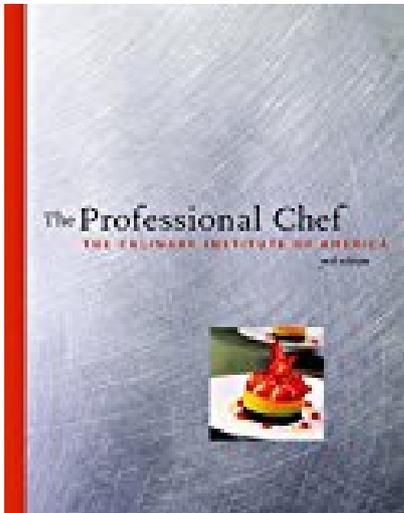


The Professional Chef



BOOK DETAILS

- Author : Culinary Institute of America
- Pages : 1056 Pages
- Publisher : Wiley
- Language : English
- ISBN : 0471382574

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BOOK SYNOPSIS

The Professional Chef, a title among the best-selling titles in Wileys cooking program, reflects the way that people cook in the kitchen today, with the best of foods and flavors from around the world. The book reviews ingredients, equipment, and skills of the professional chef. It then explores the techniques for the full range of food items: vegetables, potatoes, grains, legumes, pasta, meats, fish and seafood, poultry, eggs, fruits, soups, sauces, quickbreads and cakes, yeast breads, doughs and crusts, cookies, custards, creams and frozen desserts, and chocolates and confections. Plating techniques for salads, sandwiches, hors d oeuvres, appetizers, entrees, and desserts are additionally outlined. In this new edition, information on global cuisines will be integrated throughout the chapters and recipes, to reflect the increasing globalization of cooking. The new edition features a new user-friendly design and structure, guiding readers through the basic principles behind each technique at a glance, and then providing more in-depth information along with step-by-step photography. Complete with hundreds of recipes and four-color photographs throughout, this is the essential reference for any aspiring chef, culinary student, or cooking enthusiast.

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